



## Fall Kickoff

### Fall Race Schedule

The fall season is getting underway for juniors and masters. This fall's race schedule is:

Date	Race	Location
September 27	Frogtown Races	Toledo, OH
October 11	Columbus Crew Classic	Columbus, OH
October 25	Head of the Tennessee	Knoxville, TN
November 1	Head of the Eagle	Indianapolis, IN

As in past years masters and juniors will be attending races together. Traveling should be a little easier with our new (to us) 4 level shell trailer coming soon to the boathouse.

Masters who are interested in racing should contact Deborah Stoll ([dgstoll@sbcglobal.net](mailto:dgstoll@sbcglobal.net)) who is coordinating masters regatta entries. Team lineups will be created by Coach Katie using this information.

### Junior Season Info

Welcome to the many new and returning rowers and parents! IRC had approximately 90 rowers show up during the first week of practice, with about 81 consistently present. The juniors will meet for a team building BBQ Sept 6<sup>th</sup> at 11-1 at the BH. This is a great opportunity for parents and families to see what their rower has been up to. The practice schedule is on the website under "calendar" and includes several 4 day/ week practices. Please use that free day to stay ahead of your classes.

### Labor Day Summer Picnic

The official end of summer Labor Day picnic will take place Saturday, August 30<sup>th</sup> at the boathouse.

The day gets underway at 10:00 as the morning's 500 meter races are put together, so if you want to race be sure to arrive by 10:00 to have your name on the list.

For the picnic, drinks will be provided but please bring a main dish, side dish or dessert to share.

### Advanced Sculling Class

Due to continued interest Indy Rowing will offer the Intermediate Sculling Course (for beginners) on Tuesday and Thursday evenings but at a new time of 17:30-19:00. Student capacity is 8 so sign up soon!!!

For you **stay at home parents**, we will be offering the ISC class 10-11 AM T/TH as well. Please sign up online.

We will also hold the previously advertised Advanced Sculling Course immediately following ISC at 19:00 - 20:30. Not only a really good course to improve your sculling stroke no matter what level you are, and you get a sunset row twice a week at no additional charge. Capacity is 12 and sign ups have started coming in, so don't hesitate. These will be the last courses of the season!!

### Beijing Blowout

Membership Renewal Sale for returning IRC members and former collegiate rowers. In honor of the US's Gold Medal in the women's 8+, former members can renew their IRC membership for \$100. Offer good until September 10<sup>th</sup>—after that the price is back to \$180. Spread the word!

## Full Moon Row

The sound of oarlocks and the white trail of the moon...

...marking the wake of their shells and the spinning blade pools was the reward enjoyed by all who attended our first in memory full moon row as they sliced through the night air and mercury like water this past Saturday night.

Sandwiched between both opportunities to get out on the glass smooth water in the comfortably cool night air was a sumptuous potluck dinner around grilled burgers, brats, and chicken expertly prepared by the renowned master of IRC grilling, Dan Richardson.

IRC hosted its' first Full Moon Row this past weekend providing a truly a unique experience for all who attended. Individual schedules drove differing experiences. An initial twilight row for those arriving just before sunset in more dark than light as the sky pushed the indigo and rose hues of twilight below the horizon before its' enshrouding black of night. The rising white globe of the moon did its' best to illuminate the rowers, but only the red bow lights gave their positions on the lake away.

The occupants of the 2 doubles, quad, and wherry had little problem though as they were bathed with the efforts of the climbing full moon. Most did two lengths of the course breaking after their 8 kms for the delicious picnic set up in the boathouse.

After the hour or so of camaraderie most left for sleep filled with nothing but the memories of the sound of blades entering and leaving the water separated by the clunking of oarlocks. A few of us put off those same dreams to go out a second time with the moon at its' transit and were rewarded with more sweat, more work, and more moonlight effects as our wake literally glowed in a silvery white trail that seemed to end touching the moon itself.

Thanks for all who showed up and supported this new event in the IRC offerings. Also many, many thanks to Nancy Crome and Steve Wright for their spirited efforts in coordinating and organizing this super well done activity. And of course it would have all been mediocre if not for the grill mastership of Dan.

Based on interest we may offer this again in September before it gets too chilly, but be assured-you will see it again next year!!!

## Masters Update

Be sure to check out the masters page at [http://www.indyrowing.org/index\\_files/Page656.htm](http://www.indyrowing.org/index_files/Page656.htm) for updates.

## Summer wrap up

Congratulations to the 13 masters who represented IRC at the Michigan Club Invitational. IRC raced a Women's 4+ and 4x and Men's 8+, 4+ and 4x. The competition was excellent and IRC gained valuable racing experience! Go IRC!

## Masters Practice Schedule

**The fall season of Masters began August 12. This is a great time to jump into the group!**

Please join us Tuesdays and Thursdays 6-8pm for team sessions. Based on attendance, the coach will make sculling or rowing lineups, and offer technical instruction while following the training plan workout.

## Masters Racing Uniforms

Orders for rowing apparel can be taken through a link to Sew Sporty on the IRC website. Choose Indy Rowing as your team and use IRC5 (in Capitol letters) as your password. If you plan to race this fall, get your order in soon.

### **Equipment Update**

The trailer, Community, and Waltz 4+ have been sold to Arkansas Rowing Club, a start up in Little Rock.

Our new trailer will be arriving in the second week of September; it is larger and will allow us to travel more comfortably to the fall races as a Center.

We will also be receiving a 4+ and 2+ from Vespoli in September to “test drive” as part of their promotion of their new hull design.

A new lock box has been ordered for the back door. The current one is difficult to open, but still functional.

The Ed Cannon sustained a dramatic blow as it was presumably shoved from the rolling slings into boats on the rack. A rigger punctured its side. It was not reported. The novice women saw it on the dock (thankfully), and we are currently repairing it.

Members, please continue to exercise diligence in taking care of your and club equipment. As our membership grows it is important we grow more vigilant, not less. Thank you to all who do such a wonderful job at the Center!

### **Olympic Coverage**

Did you see the Rowing Olympic coverage? If you missed it check out these sites:

For all the news and results:

<http://www.row2k.com/olympics/>

For the video courtesy of NBC, go to

<http://www.nbcolympics.com/rowing/index.html>

Make sure you check out the women’s eight gold medal!