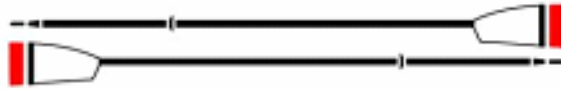




INDIANAPOLIS ROWING CENTER



## The Catch

An electronic newsletter for  
the Indy Rowing community

Volume 3, Issue 3

February 19, 2008

### Erg Race Results

#### Indy Indoor Sprints - Saturday Feb 9

Many thanks to the participants and volunteers who made this year's Indy Indoor Sprints a success. In our first year as a CRASH-B World Championships satellite regatta we had three qualifiers: Frank Herkenroder, Paul Hendershott and fan favorite 90 year old Paul Randall. All three traveled here from the Elkhart area to compete. About 30 IRC junior rowers competed as did 15 masters from the home club. A team from Butler won the Mixed Open Relay.

#### *Indy Rowing's top performers were:*

Men's HS Varsity	Erik Tamsen	6:40.5
Women's HS Varsity	Katie Laine	8:07.1
Men's HS Novice	Mike Blum	7:28.8
Men's Open	Josh Sobieski	6:54.3
Men's (30-50)	Tim Cordes	7:55.7
Women's (30-50)	Caryn Atkinson	7:13.4
Men's (51+)	Mike Robinson	6:55.8
Women's (51+)	Deb Stoll	8:24.6

This year's winners were participants in a new tradition and received the prestigious Brick Award.

Plans are already underway to build on this year's success and make next year's Sprints the biggest and best yet...stay tuned.

Full results are featured on our homepage and posted on Regatta Central. The direct link is  
<http://www.regattacentral.com/regatta/results/676.html>

#### The Annual Indianapolis Rowing Center Dinner

This year's Annual Dinner is this Thursday. We hope to see you at St. Alphonsus Catholic Church at 6:00 pm.  
1870 W. Oak St. Zionsville (317) 873-2885

Please RSVP to the Catch or E-Vite if you have not already. Cost is \$10 per person.

#### Junior Team Parents Meeting

Parents of Juniors need to note that this season's parents meeting will be at Brebeuf on Monday, March 3<sup>rd</sup>. Parents of returning rowers joining the program will meet at 6:00 pm with NEW parents and rowers meeting at 7:00 pm. This meeting is an important opportunity for the coaches and the Boosters to let parents know of this season's plans as well as the best chance to get paperwork sorted out and completed. We will be asking you to complete your membership paperwork and waivers at this time.

#### Junior Practices

As this Catch is being written, Eagle Creek Reservoir is clear of ice so hopes are high that the seemingly endless days of erging will soon make way for real rowing. Tentative plans call for the juniors to begin heading to the boathouse by about March 7<sup>th</sup>. More details will be forthcoming at the parents meeting on March 3<sup>rd</sup>. Coaches and rowers are excited about the spring season. Please check out [www.indyrowing.org](http://www.indyrowing.org) under programs/ juniors for the indoor training plan and weekly training logs.

### **Junior Rower's Profile - Erik Tamsen**

Erik Tamsen is an exchange student from Norden Germany. He's visiting the United States for a year as part of the Youth For Understanding foreign exchange program. Erik has been rowing for a number of years with the Norden Rowing Club. Norden is located on the North Sea in Northwestern Germany. Erik was born in Germany but both of his parents were born in South Africa, and Erik still has grandparents living there.

Age 17, Erik is registered at Arsenal Tech High School as a junior. Back home in Germany Erik will have at least two more years of school before he can go on to university.

Erik's favorite school subject is science. His interest in biology led him to start a collection of animal skulls. He maintains a website about his collection at <http://www.skull-collection.de/>. Recently he has been interested in physics and is enjoying the Math and Science Magnet program at Arsenal Tech. Erik is also participating with the Music program at Tech. He plays the Tuba in the band and sings with the choirs. He'll be appearing in the musical, Beauty and the Beast, at the end of February.

Erik has been rowing with the juniors since August, and won the boy's erg competition.

### **Masters Practice Plan**

Masters will be having a meeting next week (tentatively February 28<sup>th</sup>) to discuss plans for the Masters rowers for this spring and summer. A notice confirming the date will go out soon, so watch your email or check the website. The Midwest Masters Championships at Eagle Creek are scheduled for July 12<sup>th</sup> which is earlier than past years. Plans include more organized practices and training as well as possibly scheduling an away race or two this summer.

### **New Website**

The new website is up and running, so please check it out and look for upgrades as we move forward: [www.indyrowing.org](http://www.indyrowing.org)