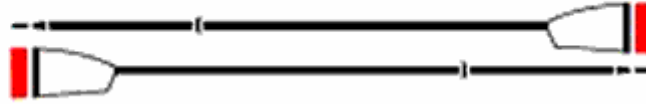




INDIANAPOLIS ROWING CENTER



## The Catch

An electronic  
newsletter for  
the Indy Rowing  
community

Volume 2, Issue 8

May 24, 2007

### Spring Wrap-Up

#### Summer Pick-up Races and Pitch-in Picnic

Memorial Day means it's time for Indy Rowing's first summer picnic. We'll follow our familiar practice of organizing some informal pick-up races at 10 am, followed by a picnic lunch. Members and juniors and their friends are welcome. Know someone who might want to learn to row? Bring them to the picnic and give them a preview. There will be hot dogs and hamburgers for all, please bring a side dish or dessert to share!

#### Junior Races at Home and Cincinnati

This past weekend marked the end of the spring season for the junior team. At our annual home race, the Indianapolis High School Invitational, Indy Rowing hosted Culver Academies and Louisville Rowing Club in a series of 1500 meter races. Highlights included Indy Rowing victories in the Girls Varsity eight, Boys Novice eight, Girls Novice four and the Boys Varsity four. The Boys Varsity lost a heartbreaker to Culver, coming in 1.4 seconds behind the Cadets.

Last weekend was the Midwest Junior Rowing Championships at Harsha Lake outside of Cincinnati. Indy Crews medaling were the Boys 2<sup>nd</sup> Varsity eight and the Girls Novice four, both getting Bronze medals. Congratulations! Most rowers rowed in 2 events in the course of the two day event, meaning 2 to 4 races in a day. Sixty nine juniors participated this spring.

Many thanks to the parents and the Junior Boosters for all they do for the program. The Boosters organize the hotel rooms, transportation and care and feeding of our team and the rowers and coaches are indebted to them for all they do. Special recognition goes to outgoing Booster president Deb Gale all she has done for us through the years.

## **Learn-to-Row Day - May 5 - 11am-2pm**

Thanks to all who helped with our Open House May 5<sup>th</sup>. Several visitors signed up for class on the spot and we've heard from others giving it serious thought. Kudos to board vice president Shawn Dresser for spearheading the event (and for doing most the work).

## **Learn-to-Row Updates**

As summer approaches, Learn to Row programs are in full swing. Introduction to sculling classes are held Monday & Wednesday and Tuesday & Thursday at 6 pm and, beginning with June (and earlier daylight) also at 6 am. June evening classes are full, but there are still slots available for early risers. There is also a new Tuesday & Thursday 9 am class for those who have their mornings free and don't want to see the sunrise.

June also brings our sweep rowing class on Saturday mornings at 10 am. There are still openings available in sweep class, so spread the word.

Our newest addition this summer is 'Team Indy'. Originally billed as a corporate rowing class, we have expanded the concept and opened it up to any team. Groups are invited to assemble a team and learn how to row in eights. Training sessions will be held on Wednesday evenings at 6:30 In June and July. The 'Team Indy' season will culminate in a special race at the Midwest Masters Championships here on Eagle Creek Reservoir on August 4<sup>th</sup>. We have teams from Blue & Company and Angie's List as well as potential teams made up of Junior parents and other Indianapolis area businesses. The cost is \$800/team and we supply coaching and coxswains (unless your team has their own coach or coxswain).

## **Calling all Coxswains**

Coxswains are needed for Wednesday evening 'Team Indy' training and Saturday morning sweep classes. We'll gladly take smaller rowers who wish to learn what it's like being in charge for once. Small stipends are available for those who can appear regularly.

## **Summer Rowing Camps for High School Rowers/Rowing at Indy Rowing**

There are opportunities for Junior rowers to row this summer. If you are a rower or parent of a rower who wants to gain valuable rowing experience under a college coach, check out the [Row 2K camp](#). Many of our past rowers have attended rowing camps and found it a valuable experience as well as made lasting friendships with fellow high school rowers from around the country.

If you're a junior rower who is staying home and who isn't tired of 'rowing on the square by six', we'll have opportunities here. For sweep rowing juniors who want to learn how to row with 2 oars, Tony Summers will be having sculling classes for juniors on Tuesday & Thursday afternoons at 4:30 beginning June 5<sup>th</sup>. Eric will be holding sweep rowing practice on Tuesday & Thursday mornings at 6:15 beginning June 12<sup>th</sup>. All junior rowers are invited. Our hope is to have mixed boats concentrate on improving technique.

### Summer Reading List

Looking for some good rowing books to read while sitting on the beach or the pool this summer? Some good rowing reads include: **The Red Rose Crew** (about a competitive group of women making a name for themselves in, what was then, a mostly male sport; **The Shell Game**, Eric Kiesling's account of his days on the Yale Crew; **The Amateurs** ♦ By the late David Halberstam. An inside look at the competition to represent the United States at the Olympic Games. The book focuses on the friendships and rivalries of the top scullers in their quest for Olympic Gold. **Assault on Lake Casitas** by Brad Alan Lewis. Brad was one of the scullers in *The Amateurs*. Known as a rebel and troublemaker (by some), Brad recounts his early days as a rower through his unlikely triumph in the 1984 Olympics.

### Concept 2 Newsletter

[http://www.concept2.com/emailings/update/spring07/update\\_spring07.html](http://www.concept2.com/emailings/update/spring07/update_spring07.html)