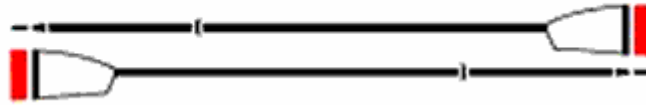




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

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Spring Racing Issue

Junior Races in Cincinnati

This has not been a good spring to row. After a few unseasonably warm days in March, April has given us cold, rain and wind. The elements came together on April 14th for the first race at the Cincinnati High School Invitational. With temperatures in the 30s and low 40s, a steady rain and increasing winds, organizers did their best to get racing in before the weather made continuing impossible.

Several crews, including the varsity boys eight and varsity girls fours managed to race in the difficult conditions. Unfortunately the novice boys eight was on the water waiting for their race as delays mounted. After having been on the water for well over an hour, officials suspended racing and sent all crews back to the docks. By the time the freezing novices got back, coach Stoll had made the decision to pack up and go home.

Many thanks to all the parents who made the trip and worked to provide warm drinks and warm cars and vans for the rowers, some of whom were showing initial symptoms of hypothermia. With only four racing dates in the spring, it's unfortunate that most of the rowers did not get a chance to race. Here's hoping that spring warmth is finally here to stay.

The junior race schedule is;

April 28 - Ohio Governor's Cup Regatta (Columbus)

May 6 - Indiana High School Championship (home)

May 19-20 - Midwest Junior Championship Regatta (Cincinnati)

Boathouse Improvements

With all the aforementioned rain this spring, the boathouse is getting drier. Many thanks to Bob Zeronik and Dan Richardson for installing gutters on the south side of the

boathouse. For years rainwater has come off the roof and into the boathouse leaving a large lake four inches deep. The gutters have gone a long way to remedy the problem. Dan Richardson, who serves on the board and heads the facilities committee, has targeted leaking roof joints and a hole in the roof above to tool room as the next improvements to be tackled as well as improved drainage on the south side. Once these projects are complete, the days of squeegees and shop vacs should be behind us. Thanks to all who helped get this done!

Boathouse Beautification Day - Saturday April 21 - 10am

In preparation for the upcoming collegiate regatta and Learn to Row Day (see below), we will have Boathouse beautification day this coming Saturday at 10 am. Volunteers are needed to help sweep out the boathouse, clean up the grounds and plant flowers. No reservations needed, just plan to come and get a little dirty and have some fun with fellow rowers and parents.

Collegiate Race April 28

Saturday, April 28th is the Indianapolis Collegiate Invitational Regatta. This is a major collegiate race and the results have seeding implications for championship regattas at the end of the season. Crews will be here from across the Midwest and beyond. Stanford has entered 2 crews. This year our junior crews will be in Columbus on that date which means that our junior rowers and their parents, a major source of volunteers, will not be available. We need volunteers for stake boat duty, selling merchandise, timing and other jobs. Please help us make this major event a success and come out to help. Racing will begin about 8:30 and should wrap up by about 4:00 pm.

Masters Practices - Tuesdays and Thursdays at 6pm, Saturdays at 8am

The masters are back on the water now that the weather has (finally) warmed up. All experienced rowers are welcome. We row in eights, fours and quads. We are building toward the Midwest Masters Championships August 4 with the possibility of attending other summer races.

Learn-to-Row Day - May 5 - 11am-2pm

USRowing has scheduled its National Learn to Row Day on June 9th, but we can't wait, so we will host our own Learn to Row Day and Open House on May 5th. We hope to generate interest in our summer classes and give people an opportunity to sign up for classes just as they are getting underway. All members and friends are urged to come to the boathouse and help us tell people what a great sport we have. Our juniors race at home the following day, so potential junior rowers will be able to come back the next day and see our high school rowers in action.

Corporate Rowing

Plans are underway to introduce Corporate Challenge Rowing at Indy Rowing this summer. Details and costs will be finalized shortly, but tentative plans are to have one session a week after work. Crews will row in eights and finish their season in a special

Corporate Team Challenge race at the USRowing Midwest Masters Regatta on August 4th at Eagle Creek. We hope to have four to six teams, so round up friends at work and help us get this fun new activity started.

Learn-to-Row Sculling Classes begin in May

Learn to Row classes begin May 1st. Classes in May are Monday & Wednesday or Tuesday & Thursday at 6pm.

Masters Sculling Camp

The All-American Sculling Camp will hold a masters sculling camp here beginning at 1:00 pm Friday, June 15th through 2:00 pm Sunday, June 17th. The camp will consist of 7 rowing sessions, video review and rigging clinics by coaches Jim Dietz and Mark Wilson. The cost is \$275 and is limited to the first 12 individuals who make a \$100 deposit. This is a great opportunity for our masters.

Million Meter Challenge - from Dan Richardson

Board member and junior parent Dan Richardson has been erging at noontime and is halfway to 1 million meters. The Concept 2 season officially ends at the end of April, but if other Indy Rowing folks want to join Dan on his first million meters, let us know and we can begin our own million meter club.

Club Singles

Over the winter we have had some of our club singles repaired and refurbished. The following singles are available for use;

Rack # 2: Peinert single. This formerly blue boat was damaged last summer. It has been repaired and repainted (white hull/yellow deck).

Rack # 5: Peinert Dolphin recreational shell. This boat was bought from club member Ken Cutler last year. It's much nicer than our Learn to Row boats and is a great transition boat.

Rack # 7: Vespoli heavyweight single

Rack # 14: Janousek single

Rack # 15: Jullien single. This boat was donated by a former member and has been repainted and refurbished.

Rack # 20: FISA single

Rack # 28: Burgashell single

Rack # 30: Kaschper single. This boat has not been rowed in a while because of its broken washbox. It's been fixed and it's ready to go. This is a nice older boat without too many miles on it.

Rack # 35: Negaard single.

Before rowing a club shell, review the notice on the bulletin board by the sign out log. Please indicate which boat you are rowing in the log book and note any repairs needed on the whiteboard on the log book podium.

If you row, you must be a member. If you have not yet sent in your dues this year you are not a current member. Forms and Member Handbooks are on the sign out podium.

Outrun the Sun - IUPUI campus on the evening of Saturday, June 2

One of our masters has been a founding member of this event to raise funds for melanoma education and research.

Melanoma Facts:

- Melanoma is the number one cancer in young women ages 20-29
- Melanoma is one of the most common cancers in people under 30.
- Melanoma affects people of all ages and ethnicities including African Americans and Asians
- Since the 1970s, the number of melanoma cases diagnosed annually has doubled
- Medical professionals believe that overexposure to the sun and the use of tanning beds have contributed to the rise in melanoma cases
- In 1935, the prevalence of melanoma was one in 1500 in the US, this year it will be one in 57.

Thank you for considering participating, volunteering or donating to this most worthy cause and don't forget your sunscreen when out on the water!