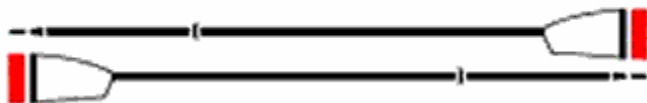




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

Volume 2, Issue 1

January 1, 2007

New Years Issue

First Ever Annual Fund

The board of Directors authorized Indy Rowing's first Annual Fund drive this fall. Just before Christmas more than 500 letters went out to members, past members, junior parents and past junior parents. Gifts totaling more than \$1,000 have been received already. Thank you to those who have participated and thank you in advance to all who plan to make a gift. If for some reason you did not receive a letter and would like to participate, donations should be sent to Indianapolis Rowing Center, PO Box 53223, Indianapolis, IN 46253. The Donor's List will be published in upcoming issues of Catch.

Komen Partnership

Attendees to the USRowing Convention in Portland last month learned about rowing's involvement with the Susan G. Komen Breast Cancer Foundation through Row for the Cure. Eric and Deborah Stoll met with Indianapolis Komen director Dana Curish and president Jill Henry to discuss Indy Rowing's partnership with this great cause. Our initial effort will be at the Indy Indoor Sprints on February 10th. The Novice Masters Women's race will be designated a Row for the Cure event and all entry fees from the race will go to the Komen Foundation. Plans are underway to involve breast cancer survivors in learn to row classes and our masters rowing program as well as an event at the USRowing Midwest Masters Regatta this summer at Eagle Creek. If you, or someone you know is interested in getting involved with our partnership with the Komen Foundation, contact [Eric Stoll](#).

Indy Indoor Sprints - Saturday February 10

Plans are being finalized for the races, and registration will soon be open! Volunteers are needed for publicity, registration, results, officiating, and merchandise sales. If you can help with one of these positions for an hour or two please [reply to the Catch](#).

Rowing lessons will be offered free of charge for anyone interested in rowing or racing at [Monon Fitness](#) Saturday January 20 at 10:30. If you are interested in learning, and perhaps participating in the Novice Row for the Cure race, please join us. Lessons will also be available on race day. Feel free to invite your friends, this is open to all.

Indy Rowing Website - Help Needed!

Indy Rowing Webmaster Michael Weiner will be moving to New Zealand for a while, and after many years of creating, managing and hosting the Indy Rowing Web site will be retiring from it. Michael has been a joy to work with bringing tireless enthusiasm, endless creativity and most helpfully amazing responsiveness. We will miss him horribly.

If you have skills, resources or ideas in this area and are willing to help, please [reply to the Catch](#).

We plan to complete the transition before Michael and his family leave for the Southern Hemisphere!

Board Update

As the 2006 year draws to a close, we come to the conclusion of what was a busy and productive year at Indy Rowing. We eagerly move into the 2007 year knowing a path has been paved to embark upon many new opportunities and challenges. It has been a successful year on and off the water, as outgoing President, Simon Hillier, along with several other key board members, worked diligently to bring on new board representatives and leadership, to aid in continuing the progress the organization has experienced. Indy Rowing has benefited from Simon's long committed passion and leadership to our rowing community, and we are appreciative of his time and efforts to strengthen its foundation for continued operational and programmatic growth. He, along with 14 other individuals, will continue to serve on the Board of Directors in 2007.

The current board composition brings a broad spectrum of diversity and expertise. The organization will tap into the many facets of that talent base and will embark on what we hope to be a journey filled with exciting and new operational and programmatic growth in the coming months and years. Our board is committed to fulfill the organization's mission while challenging ourselves to think opportunistically and creatively, bringing Indy Rowing to a higher operational existence in the Indianapolis and rowing community.

In the words of Anatole France (Nobel Prize of Literature), *To accomplish great things, we must not only act, but also dream; not only plan, but also believe.* There is much to accomplish as we move into the New Year, and we know challenges await. We look forward to meeting those challenges head on, and encourage all members of Indy Rowing to actively and collectively join in on those efforts.

See you on the water,

Dave Carter, President 07

Summary of Strategic Planning

Over the course of the past six months, several board members have met with representatives of the Executive Service Corp (ESC), utilizing their expertise in areas of Board Development and Leadership, as well as Strategic Vision and Planning. As an organization, it became clear that in order to be able to move forward successfully, there was a need to first give a critical look at where we have come from and where our current existence is today. Working with ESC, we have been challenged to think creatively and objectively, formulating a plan which we think will serve Indy Rowing and the community well in the years ahead.

There are six (6) Key Result Areas which will serve as the basis of our strategic plan as we move forward; Financial, Programs, Facility, Membership & Volunteers, Marketing & Public Relations, and Leadership. Each of these components has specific strategic objectives to meet over the course of time, which the board will drive the organization toward. The successful achievement of attaining these goals resides within the organization as a whole and we welcome involvement from our members to help us get there.

The comprehensive Strategic Plan for Indy Rowing is in the final stages of preparation and will be made available for review in the next month. It is a work in progress and one which will make Indy Rowing a sound and well regarded organization of Indianapolis and the rowing community at large.

Board Roster

Executive Committee

David Carter - President

Paula Baldwin - Vice President

Shawn Dresser - Vice President

Sheila Cornelius Habarad - Secretary

Courtney Chan - Treasurer

Board of Directors

Debbie Drieband Alan Lobley

Leslie Gaudreau Dan Richardson

Deb Gale Deborah Stoll

Gregg Harris John Thornburgh

Simon Hillier Andy White

Erik Johnson

Monon Update

Juniors and masters have been keeping the ergs busy at Monon Fitness this winter. The ergs are available any time during the day. Organized junior practices are Monday-Friday at 4pm and masters practice is at 6pm Tuesday & Thursday and 9am Saturday morning. If you haven't been yet, Monon has a great deal for Indy Rowing members (\$120/year) and it's time to resolve to get fit for the new year.

Holiday Challenge

A lot of our rowers participated in the Concept2 Holiday Challenge to erg either 100,000 or 200,000 meters between Thanksgiving and Christmas. Even if you don't participate in the challenges, all our members who are erging are invited to set up a log at [Concept2](#). Be sure to put your affiliation as Indianapolis Rowing Center and add your meters to our total. We have climbed to 77 out of 946 clubs!

Congratulations to those who completed the Holiday Challenge:

Over 100,000 Meters

Emma Engelhardt

Alex Mercho

Annemarie Blitz

Alina Richardson

Timothy Durham

Alyssa Gale

Simon Hillier

Over 200,000 Meters

Mark Bucherl

Megan Bowman

Whitney Meyer

Deborah Stoll

Bruce Kempton

Sheila Cornelius Habarad

Shawn Dresser

Eric Stoll

Juniors

Exams and the holidays are behind us, so it's time for the juniors to get back to training. Courtney, Eric and Whitney have workouts and testing dates/protocols ready for the New Year. The Indy Indoor Sprints (at which all junior rowers not participating in a winter sport are expected to compete) are fast approaching, so we'll see you at Monon.

Masters

The Holiday Challenge is behind us, and it is time to start getting fast! Our workouts will change from long pieces to more intervals to help us increase our speed in preparation for the race February 10. Please join us at the Monon on Tuesday and Thursday evenings at 6PM, and Saturdays at 9AM for the last several weeks of preparation. We are glad to teach anyone who would like to learn, this is a great New Years resolution.

Fun Weblinks

Coxswain Calls: What Your Engine Room Wants to Hear

Don't forget to check out [Row2k](#) for interesting rowing articles.

Here is a great [example for our coxswains!](#)

Concept2 UK

Indy Indoor Sprints Regatta Chair Simon Hillier sent us the [Concept2 site in the UK](#).

They have amazing training materials, and best of all, their own cartoonist!