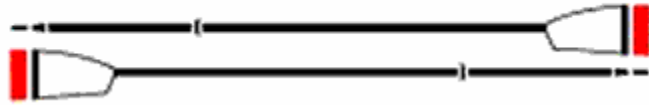




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

Volume I, Issue 11

November 02, 2006

Fall Racing Wrap-Up Issue

Head of the Eagle Presented by Brightpoint

The Head of the Eagle, sponsored by [Brightpoint](#) was held on a picture perfect autumn day at Eagle Creek. Cool temperatures and a quartering tailwind made for fast racing. The inaugural I-70 Challenge series helped increase attendance over recent years, most notably in the junior ranks. Westerville and Cincinnati Juniors both brought large contingents this year. Full [results](#) are available.

The Head of the Eagle could have never happened without the many volunteers who stepped up and did everything from tabulate results, put in the course buoys, make and sell food and merchandise and catch boats at the docks. All of you who came down and spent a glorious Saturday volunteering to make the regatta work - Thank you! Although we didn't know it at the time, it was a great end to the fall racing season.

I-70 Challenge Results

Points were awarded to clubs at each regatta for both participation and results. Indy Rowing did very well across the board, and our results are listed below. Detailed [results](#) are available.

Masters - Won by Indianapolis Rowing Center - Congratulations to our masters rowers!

Juniors

- 1) Westerville, 2) Upper Arlington, 3) Cincinnati Junior Rowing Club,
- 4) Indianapolis Rowing Center

Open

- 1) Ohio State University, 2) Purdue University, Butler finished 5th.

Masters

The opportunity to race on our home course brought the masters out in force with 14 entries in 12 events. And not only did they show up to race, they brought all the efforts of the season together with astounding results, claiming 9 golds and one silver. The boats with rowers taking home gold medals were: Women's Masters Quad, Mixed Masters Quad, Women's Masters Eight, Men's Open Single, Women's Masters Double, Men's Masters Quad, Mixed Open Double, Mixed Masters Double and Women's Masters Four. The Mixed Masters Eight brought home the silver. For a few, this was their first race in a couple years, and for others this was their first race ever. All the enthusiasm for our last race of the season demonstrates that as we move forward, our results can only get better.

Novices

The last race of the season for the novice was a successful experience. The day started with the women's eights at nine a.m. Of the six entries, the girls placed second and fifth. Then the men's fours came charging down the course...and of the 11 entries, the boys placed sixth and eighth. Once the boys came in we quickly threw them into their eight and sent them on their way. The boy's eight placed fourth of five. Unfortunately, the boys had to hot seat from their fours straight into their eight. They came away from the eights race with a fourth place and I truly believe that if they had even thirty minutes of rest, they would have definitely medaled. Next, the women's fours began crossing the finish line. The IRC boats placed third, fourth, and ninth out of 12.

So, all in all, we took home a silver in the women's eight and a bronze in the women's four. A nice ending to an amazing season. I would like to take this time to thank all of the novice for making this season such an amazing experience! Good job to all of you and I cant wait to see you for winter training and spring racing!

Varsity Boys

The varsity boys had chance to test their speed against the top crew in the nation, Cincinnati Junior's. Unfortunately it wasn't their day and they fell a little short. In the Varsity 4's race we placed 5th and 14th place out of 15 boats. In the boys Varsity 8 race we came in 6th, 11th, and 13th.

The guys have worked very hard this fall and it shows in their erg times as well as attendance. Unfortunately today (Head of the Eagle) was not our day. I know we are much faster than what we showed on the course today. I think the pressure to perform got the best of us today Coach Chan commented.

Varsity Girls

With schools having fall break leading up to the Head of the Eagle, several key rowers missed practices for college visits. The junior women's first boat was a bit rusty for race day. In an event dominated by the Cincinnati Juniors, Indy Rowing's first boat came in 10th with a

time of 16:06 with the second boat finishing 13th in 16:55.

We have the personnel to be very successful this spring said coach Stoll. We are planning to work hard this winter refining technique and getting very fit, so I'm looking forward to some great racing when we get back on the water.

Butler

Butler's novice raced quite well at their first regatta. The novice women finished 3rd and 6th against a slew of Purdue boats, while the novice men had their share of Purdue competition as well. They finished seventh. As for the Varsity, both men and women took first place in their fours division. Butler also entered a Mixed 8, made up of both varsity and novice members, which finished first as well.

Merchandise

Indy Rowing had our biggest ever one day sales at the Eagle bringing in over \$8,000 in sales. We had a wide variety of rowing apparel including sweats, hats, shirts and bags from Sew Sporty. We got lots of great comments from rowers from other clubs that they had never seen such a wide variety. Many thanks to all the volunteers who sold so many shirts!

Head of the Schuylkill - Update

Each fall the varsity rowers from the junior crews travel to Philadelphia for the Head of the Schuylkill Regatta. This is one of the biggest fall races and gives our junior rowers an opportunity row in Philadelphia, one of the country's great rowing cities.

The trip to Philadelphia involves 13 hours on a bus followed by some sleep in our hotel and lunch. After lunch, the juniors head to the race course to rig the shells and get in some practice on the course. Unfortunately, that was our only rowing on the legendary Schuylkill River as the race was cancelled at 6:00 pm the night before the race.

Weather reports warned of high winds and heavy rain beginning early Saturday morning, so the University Barge Club organizers decided to play it safe and call off the regatta. The disappointed juniors had their team dinner and made plans to de-rig and load the boats Saturday morning.

Coaches and rowers alike were chagrined to be loading boats on a warm, dry morning as we watched eights (including Penn and our own Kristen Johnson), fours and doubles practicing on the relatively smooth river. Fast moving, debris filled water made the course unrowable by about 1:00 pm, well after our races would have been rowed.

Despite the disappointment of not racing, everyone had the opportunity to row the course a couple of times for practice as well as experience the fun and camaraderie of the trip.

After returning from Philadelphia, the fall season officially ends and we all look forward to rowing indoors at Monon fitness until March.

See the [team picture](#).

Mongolian Barbecue Fundraiser - November 8th from 5-9

The Indy Rowing Juniors will be hosting a [fundraiser](#) at BD's Mongolian Barbeque on Wednesday, November 8th from 5-9 p.m. This will be a great way to celebrate the end of our fall season and start to fund those "wish list" items for spring.

For those of you not familiar with BD's, their main attraction is their self-serve stir-fry. You select the ingredients, using their recipe suggestion cards, and hand your bowl to the grillers to stir-fry. However, this time many of the grillers will be from Indy Rowing. If you are at least 18 and want to be a part of this fun event we are looking for 4-6 volunteers work about 30 minute shifts.

Don't worry about lack of experience, grilling volunteers will get some training before their shift. Not only will you have a great time grilling, each griller will get a t-shirt & free meal for their hard work. All the tip jars will be labeled "Indy Rowing" and every time a tip goes in the grillers ring a dinner bell (not a cow bell) and Indy Rowing gets the tip. We also will receive \$1.00/person for each Indy Rowing dinner guest.

BD's will have 2 seatings at 5:30 & 7:30 and requests that we have an estimate of how many Indy Rowing patrons there will be at each seating. Anyone who dines between 5:00-9:00 pm and mentions Indy Rowing will be credited. Hope to see you on November 8th.

Head of the Charles - Boston 10/21 & 22

Indy Rowing was represented by Womens Senior Masters Double Gail Vance and Wynter Vic. They placed 7th out of 15 and had a wonderful trip. Check out this great [photo](#) of them!

Indy Rowing had a ton of junior alumni at the Head of the Charles, almost enough to justify a tent at the "Reunion Village" Please let us know if we missed anyone.

Tad Ahlersmeyer - Boston College 07

Jack Brainard - Colby 10

Katy Green - Bates 10

Joe Jameson - Hobart 07

Kristin Johnson - Penn 09

RJ Ryan - MIT 09

Adam Stoll - St. Joes - 08

John Thornburg - Holy Cross 10

Meghan Wareham - North Carolina 08

The Stolls watched the men's light eight race (with 3 Indy Alums!) real time over the web. It was pretty exciting to see the times as they progressed down the course. The Charles race system tracks not only start and finish but times at several points along the way, pretty amazing.

Up Next: Winter Training Kick-off Issue