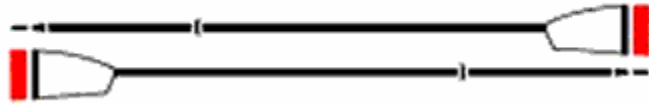




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

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Head of the Eagle Presented by Brightpoint

The Head of the Eagle will be October 21st and this year is being sponsored by [Brightpoint](#).

The full schedule and registration is [available](#). The regatta begins at 09:00 AM, with racing scheduled to run until about 03:00 PM.

If you're not rowing, there are plenty of volunteer opportunities available before and during the regatta. Anyone interested in volunteering should contact [Eric Stoll](#).

Butler Crew Rent-a-Rowers (next date: October 22nd)

Thanks to those of you who participated in our first Rent-a-Rower of the season! Although it was a little too early for raking leaves, our rowers had plenty of things to keep them busy at their jobs and to those who rented, we appreciate your support. One group of rowers gave the boathouse a little TLC. They cleaned the bathrooms, painted the observation pavilion, swept, cleaned the ergs and unloaded half the trailer. We hope Indy Rowing enjoys the cleanliness!

The Butler Crew will be hosting a second Rent-a-Rower this season on Sunday, October 22nd in order to raise money for the purchase of new equipment (and just in time for raking leaves!). For just \$100, you will get FOUR hours of service from two Butler rowers. Have a big job? Need three or four workers? No problem. Rowers can be sent to your home to do anything from yard work, to painting, to cleaning the garage.

[Registration](#) is fast and simple. If you have any questions, please feel free to [contact us](#).

Head of the Schuylkill

Each fall the varsity rowers from the junior crews travel to Philadelphia for the Head of the Schuylkill Regatta. This is one of the biggest fall races and gives our junior rowers an opportunity row in Philadelphia, one of the country's great rowing cities. After returning from Philadelphia, the fall season officially ends and we all look forward to rowing indoors at Monon fitness until March.

Fall Racing Update - Dayton (Sunday, October 1) & Columbus (Saturday, October 7)

We have had two great racing weekends! See the articles below for updates from the coaches. Many thanks to the Boosters for all the great food, it gets better every weekend. It is such fun to see all the members of the Indy Rowing community together! Please send your pictures to the Catch so that we can share them on the Web site.

Butler

Columbus

Butler's two varsity fours had a successful first regatta of the season in Columbus. The men's four (Jordan Anderson, Kyle Ehmke, Alex White, Nick Luchtefeld and Jennifer Liu) brought home a silver medal, while the women's four (Lindsey Patten, Agatha Zurawska, Laura Ellis, Anna Hofstetter and Amy Willis) took the bronze in their race.

Congrats to both boats!

Novices

Dayton

The Novice had a spectacular debut. They were entered in four events and took home gold in three of them. The morning started with the women's novice 8+. And even though the docks were very slippery, both novice 8's were able to launch on time. They were the third and ninth boats to race down the course and it was all smiles upon returning to the dock afterwards. It seemed all had gone well, but they didn't have hardly 15 minutes before they had to start getting ready for their fours.

In the meantime, both boys' fours got launched as well. They were pretty excited to get on the water and I think their nerves got to them a little - i was told that several people caught multiple crabs during their races -- and these boys VERY RARELY catch crabs - so I was pretty surprised. They finished okay, but I could tell they were not entirely thrilled with their row. Oh well, still had the eights to go and they too only had a short time before re-launching.

So, then it was off to launch the second round of girls -- three 4+'s. All three of these boats had very solid rowers. I honestly did not know what to expect. Getting on the water on time was a good start though. Immediately after getting them on the water, I had to get the boys 8+s on the water too. Even though the docks were STILL slippery, the boys managed to get off the docks in one piece as well.

Phew! Everyone was launched and now I just sat there and waited. Eric then gave me a little shout out over the radio to tell me that one of the girl's 8s had gotten a gold medal and the other one had placed 8th out of 12!! So, I was pretty darn thrilled - I had no clue they had done so well. After collecting everyone off the water, it was then my turn to row with the masters --- which was incredibly fun! on the way up to the start, Eric yelled from shore that

one of the women's fours got gold and that one of the men's novice 8+s ALSO got gold!!!
So, I smiled all the way up the course.

And that is what happened on our first outing with this amazing group of athletes!! am
eagerly anticipating Saturday in Columbus and can't wait to see what happens!

Columbus

The novice had another fairly successful regatta at the Columbus Crew Classic. The morning started off with the Women's Novice 4+. We sent out three fours. Out of a field of 12, they placed 4th, 5th, and 6th with third place only three seconds behind fourth. The only downside to this particular event, the A boat got run over while sitting at the start waiting to begin. A little chipped paint and perhaps an increase in the nerves being the primary result.

The Men's novice 8+ raced next. Even without the benefit of having several varsity novice in their boat they pulled out an impressive 4th place finish of 10 entries. Unfortunately, they too had a little mishap at the start. Details are somewhat fuzzy, but the end result was that their stern ended up piercing the bow of another boys novice 8+. Again, our boat suffered minimal damage - just a couple of scratches.

Men's novice 4+s on the other hand - were not quite so lucky...We entered 2 boats and while they both finished - placing 9th and 10th of 15, our A boat managed to flip the same boat that had gotten run over in the WN4+. They did this RIGHT after crossing the finish line. Unfortunately, we lost a cox box and a rigger.

Finally, the Women's 8+ got their chance. They were pretty bummed about coming so close to medaling and I saw a look of determination that I don't often see on their faces. Apparently it paid off, they ended up placing first and getting gold.

So, we had a couple of incidents this time around, but we are looking to improve over the next couple weeks and then dominate at the Head of the Eagle. The men are looking to have a clean row and medal and the women are looking to continue their winning streak. We hope to see all of you there!

Women

Dayton

The junior women's first race in Dayton and Eric Stoll's first race as their coach showed room for improvement. The first boat finished 8th out of 10 crews while the second boat was 12th out of 12. The varsity four came in 19th out of 26. While not a spectacularly successful outing, the rowers continue to work hard on the road to improving.

Columbus

With only a few days practice before the Columbus race, both eights showed that hard work pays off. The first eight finished a strong 5th out of 11 while the second boat beat 2 crews to finish 9th in their race. The four had some equipment problems which kept them in the

starting area for more than an hour before undergoing repairs but they nevertheless managed to come in 19th out of 26 crews.

Coach Stoll is optimistic about the girls improvement and encouraged by the results in Columbus. We're rowing better daily and the girl's are enthusiastic. The crews are getting faster and we are developing a comprehensive program to develop their fitness and strength this fall and through the winter conditioning program.

Men

The Five Rivers regatta at Dayton was the first time we were able to compare our speed against other Midwest teams. Although the Varsity Boy did not bring home any medals on Sunday Coach Chan was encouraged by the speed displayed. The 1st varsity 4 was only 35 seconds, while the second Varsity 4 was only 48 seconds away from the perennial powerhouse Cincinnati Juniors. The Men's Varsity boats came in 8th, 11th and, 17th out of 21 boats.

The Varsity Men also raced in eights where the gap closed to first place Cincinnati juniors, by coming in 33 seconds in the first V8 and the second V8 coming in 47 seconds away from CJRC. Coach Chan commented, Our fall program is not geared toward racing a 2k race, so all in all I happy to see the boys race hard down the course. I expect to do much better in Columbus

Columbus proved Coach Chan's expectations as true. Most of Varsity Men's squad came home with hardware from this regatta. The 1st Varsity 8 came in third behind the winning Westerville boat, while the 2nd Varsity 8 also came home with third place medal behind first place Ann Arbor Pioneer. The 4+s proved to be much harder as both boats did not bring home any medals coming in 6th and 12 out of 19 boats.

We train for longer distances in the fall and it shows with our results in this regatta. All of our training this fall is geared toward a good showing for Head of the Schuylkill in Philadelphia. If we happen to pick up medals along the way that is great, but our focus is Philly. Coach Chan explained.

Masters

Dayton

The masters have established a commanding position with their first race of the season by claiming gold or silver in every event we entered. The women's quad (Shawn Dresser, Amy Deitchley, Rachel Wheeler and Nancy Crome) as well as one of the women's doubles (Gail Vance and Wynter Vik) grabbed gold medals. The other women's double (Shawn Dresser and Leslie Gaudreau), mixed double (Eric Bishop and Caryn Atkinson), men's single (Ralph Pickles), and women's eight (Whitney Meyer, Sandi Jeffs, Nancy Crome, Deb Stoll, Marcia McCann, Caryn Atkinson, Amy Deitchley, Rachel Wheeler and Peter Mokry) all took home silver medals. With the exception of the eight, all of our finishes were unaffected by the

handicapped times. The solid finishes this past weekend have certainly motivated us to bring out our best for this Saturdays competition in Columbus.

Columbus

With a slight change of rowers from the previous week the Women's Masters Eight put forth quite a fight against the women from Upper Arlington but in the end were unable to match them and again took home silver. The women's eight consisted of Rachel Wheeler, Sandi Jeffs, Nancy Crome, Deb Stoll, Amy Deitchley, Caryn Atkinson, Jill Rosenfeld, Meghan Kelly and Peter Mokry. The Mixed Masters Double of Caryn Atkinson and Eric Bishop showed the crowd in Columbus that we can excel even in the face of adversity when they rolled their boat nearing the finish line. They quickly climbed back in and rowed through to claim the Bronze. The Women's Double of Leslie Gaudreau braved the increasingly rough water to bring home a Gold to finish the day.