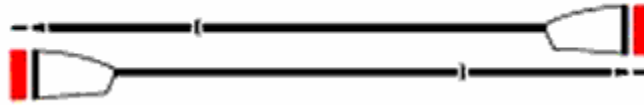




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

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Annual Labor Day Picnic & Pick-up Races - Monday September 4

The scullers have been feeling left out of our holiday competition so the Labor Day picnic will kick-off with a 9AM 1K scullers race, and we will save a place for them in the eights. Depending on the turnout, we will group the races by skill level, or handicap the starts. Then at 10 am we'll have our traditional eights races. Everyone from high school, collegiate rowers, masters and Learn to Row students/graduates will be drafted into pick-up boats.

After the completion of the hotly contested eights races, we'll have lunch featuring burgers, chicken and hot dogs. If you hate to go to a party empty handed, side dishes and desserts are welcome. Families, friends and anyone interested in rowing are welcome to attend. So, if you're not taking off to your lake house for the holiday, come to our lake house and join new and old friends.

Indy Rowing at Taste of Pike

A big "thank you" to those volunteers who helped staff the booth for the Taste of Pike Festival on July 29. Despite the heat and humidity, we had people stopping at the booth throughout the day to watch the recruiting video and slideshow and to ask questions about the club. Over 20 individuals added their names to our mailing list. A quarter of these were high school students who have been contacted by the Juniors coaching staff. The rest have received information about the September Learn to Row classes.

Quad Clinics

We had a great turnout for our 3rd Quad Clinic. The highlight was Major Eric Bishop's (who teaches Tuesday Thursday Evening Learn to Row Classes) first attempt to follow. He and all the other new quad scullers did wonderfully We even ended the afternoon with a 1000 meter race, which the Major won.

The next clinic will be at the Labor Day Picnic after lunch. These are designed to give Learn-to-Row graduates or sweep rowers a chance to try the quad. For many this is an easy and fun transition. If you haven't tried it please join us. Reply to The Catch if you are interested.

Zionsville Fall Festival

The Zionsville Fall Festival will be held on September 9 & 10 and Indy Rowing will be there too! Please reply to Shawn Dresser to volunteer. Attend in some rowing wear even if you can't help out. Volunteers get the Red Indy Rowing t-shirts!

Juniors Back on the Water

Nationals is over, can fall be far behind? Fall practice for the high school rowers has already begun. New rowers will be welcome through August. If you know a high school student who may be interested, have them contact Eric Stoll for more information.

Masters Practice

If you have completed Learn-to-Row class, please join the masters rowers Tuesdays and Thursdays at 6PM and Saturdays at 7:30 AM. We will be beginning our preparation for the Fall racing season, and are starting to build race line-ups. We hope to participate in all the races listed below. In particular, we would like to see a lot of participation at the Head of the Eagle. If you are not interested in racing, you are still welcome to join in the practices.

Fall Race Schedule

This fall brings a busy racing schedule. The Junior rowers will be competing in the races listed below as will some of our masters rowers. A highlight of this fall's season is the inaugural **I-70 Challenge**. The I-70 challenge is an alliance between Indy Rowing and our sister clubs, Greater Dayton Rowing Association and Westerville Crew. Crews competing at all three of our regattas, Dayton Five Rivers, Columbus Crew Classic and Head of the Eagle will be eligible for special I-70 Challenge trophies.

October 1 Dayton Five Rivers Regatta (*I-70 Challenge*)

October 7 Columbus Crew Classic (*I-70 Challenge*)

October 21 Head of the Eagle (*I-70 Challenge*)

October 28 Head of the Schuylkill Philadelphia

October 29 Head of the Elk - Elkhart (Butler only)

Head of the Eagle Proposal

It's no secret that the Head of the Eagle is not the best race for spectators. After crews and scullers row through the bridge toward the finish off the marina, the rowers row along the west bank of Eagle Creek, far from spectators. Discussions of putting a loop in the course toward the boathouse or a turn in the course have never proved workable. Masters rower and board member Leslie Gaudreau suggested reversing the direction of the race having the finish off Rick's Boatyard restaurant. This aha! moment has led to some serious consideration. The latest ideas include having crews set up and launch at the boat ramp

north of Rick's rather than the boathouse. In essence the regatta will move south, with tents, boats, crews and spectators all in the area around Rick's. Logistical issues are still being examined, but 2006 may mark a big change in our longest running event.

In a related issue, we offer thanks to junior parent Dan Richardson who landed a sponsorship for Indy Rowing. Dan worked with Brightpoint on being a sponsor for the Nationals. USRowing cut back on some of the sponsor amenities at Nationals this year including the VIP tent and sponsor brunch, so we have decided to make Brightpoint the presenting sponsor of this year's Head of the Eagle Regatta. Thank you Dan and welcome Brightpoint!

Indy Rowing Alumni News of Note - Expedition Cure

Former junior coxswain and recent IU grad Brent Hatherill writes to tell us about a fund raising adventure that he and fellow IU grad Hanley Noel are taking on this month, Expedition Cure. [Expedition Cure](#) is an off-roading expedition set on traversing the North American Continental Divide in 21 days in an effort to raise funding and awareness for the Michael J. Fox Foundation for Parkinson's research. The Web site will allow spectators to follow the two as the adventure unfolds. The site features updated GPS tracking, photos, journals, video, and statistical based guessing games where spectators can take a shot at winning promotional prizes to benefit Parkinson's. Brent and Hanley will travel in a highly modified 1994 Toyota Land Cruiser down from Glacier National Park through Montana, Idaho, across Wyoming, along the high mountain mining passes of Colorado, and finally along the deserts of New Mexico. In reaching the Mexican border the two hope to have met their goal of not only achieving the Divide in 21 days but bringing Parkinson's one step closer to a cure.

Brent and Hanley's goal is to meet their fundraising objective of raising \$5,000 for Parkinson's, complete the trip, and not become bear food in the process.