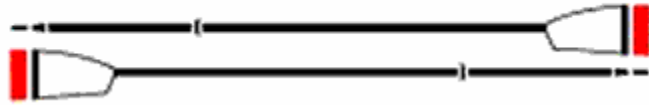




INDIANAPOLIS ROWING CENTER



The Catch

An electronic
newsletter for
the Indy
Rowing
community

Volume I, Issue 4

June 7, 2006

National Learn to Row Day Open House - Saturday June 10 - Noon until 3PM

Invite your friends and neighbors to the Boathouse to learn more about our sport. We will have water and erg demonstrations, and sign-ups for camps and classes and a picnic lunch. A Sculling for Sweep Rowers Clinic will also be held. T-shirts for all rowers who volunteer to help! Please contact us.

Summer Sweep classes begin Saturday at 10AM

We begin our Sweep rowing classes this Saturday morning to kick-off Learn to Row Day. All ages are welcome and classes will continue all summer, Saturdays at 10AM and Wednesdays at 6PM. Junior parents have enjoyed this class in past years, giving them a taste of the fun their children enjoy throughout the year. There are still some places available in the Sculling classes as well. Register!

Summer Intern Cori Bucherl joins Indy Rowing Staff

Hi all. My name is Cori Bucherl. This fall I will be a sophomore in chemical engineering at Purdue University. My dad rowed at Purdue, and I grew up with an erg lurking in my basement. After the time I spent on that, I really had no intention of rowing in college. However, when I was recruited on campus three times in one day, I decided I may as well go to the call-out. The video they showed gave me goose bumps, so I went to the first practice. I was hooked. Our spring season was amazing. I love my coach and I love the girls with whom I row. At the season's end, all of our sacrifices became worthwhile when my boat won the novice women's heavy 8 event at the Dad Vail Regatta. Now I'm here, at Indy Rowing, working for Eric, trying to keep poo off the docks, and coordinating volunteers for Nationals. I look forward to meeting everyone!

College Summer Rowing

Several college students have joined Butler and the Masters rowing in the evenings at 6PM. All experienced rowers are welcome, no matter how long you have been off the water.

IRC junior program finishes its season by competing in the Midwest Junior Rowing Association championships in Cincinnati

Sixty-five rowers and their families traveled to Cincinnati for the two day regatta, comprising a crowd of well over one hundred representing Indy Rowing. We raced in 15 heats and advanced to 11 finals. [Complete results](#) are available.

The Juniors came back to the water on Tuesday. Practice is at 6AM Daily.

Sixty five rowers and their families traveled to Cincinnati for the two day regatta, comprising a crowd of well over one hundred representing Indy Rowing. We raced in 15 heats and advanced to 11 finals. Cullane Horne, a North Central freshman, earned our only medal with a Bronze in the Varsity Single. Saturday the coaches spent nearly every minute of the day launching and retrieving boats, a far cry from Eric's first days when the only Indy Rowing entry was a boys four. On Sunday morning's finals we never left the lakeshore as we cheered and rang our cowbells for the rowers. [Complete results](#) are available.

The Indy Rowing Junior Boosters outdid themselves with everyone's favorite grilled ham and cheese bagels for breakfast. Making their debut were very popular chicken fajitas and Caesar wraps. There were fruit, cookies and baked goods galore for everyone. Every one raved about the organization and good time that was had by all.

Varsity Boys - Courtney Chan

Having everyone in the finals is a first step when you haven't done that in a while and then you go from there. "We are happy with that - just being in the thick of it again. It was nice to see every boat being competitive in the heats and in the finals. The boys JV eight hit some bad luck with injury to one of its oarsmen. We had to replace him with a novice rower. It was a lot to ask of someone who normally does not race at intensity or speed the Varsity boy's rows at. I am more than confident that the JV8 did not have that injury, our results would have been significantly better. We entered three boys' fours this year. This in itself is a major accomplishment. All three were strong in the heats but came little short in the finals. I am very happy with all three boats and I am very enthusiastic with what the future brings.

Finally the Varsity 8, there were high hopes and high emotions going into this race. We had 6 seniors in the boat. Expectations were high throughout the season and based on test races we did earlier in the week. We had a plan in the heats and we executed that plan completely. Although the results in the finals were not what were expected, they raced their hearts out. My understanding is they were in third place at the 1500M mark racing at a 35-36spm. This is very high stroke rate what needed to be competitive at this level. This took a toll on the V8 and eventually came in 6th in the finals. The difference between 3rd-5th place is a mere 5 seconds. This proves to me that we are again that the same level of top teams in the Midwest. I am very proud of this boat and am sad to see these seniors go. With two true novices in the V8 as well as 3 of oarsmen able to compete as true lightweights this boat performed beyond the norm. This Varsity boat has set a high standard that will challenge next year's varsity team. With some hard work and full commitment I am confident that next years crop will increase this standard.

This years varsity boys have begun to set a high standard of work ethic, and commitment and I challenge next year's varsity boys to increase this standard.

Novices - Whitney Meyer

With only six weeks of training (less than 30 sessions total) during the spring season, I am very pleased with the performance of the novice team. We entered two fours and two eights - one of boys and one of girls each. Although neither of the fours made it into the finals, they both put in their best effort. I was particularly happy with the girls' four because they were in a competitive heat and finished in the thick of the pack and they looked good doing it. They told me that it was the best and fastest that they felt they had ever rowed and I was happy with that.

The eights faired better. Although they did not medal, both of them made it into the finals. The girls came in a convincing third place in the qualifying heat only 16 seconds behind second place and 24 seconds behind first. From what I understand, they started in fifth place and passed two boats at about the 1000m mark. I could hear them squealing 100 meters from shore (after the race of course). It was the best I have seen them row all season long and I am pretty sure that they surprised themselves even more than they surprised me with that finish. I am confident that next year we will see these girls medaling.

The boys eight was also a bit of a surprise. All season long I have seen them getting better and faster, but in their qualifying heat - in which they had a pretty strong headwind - they came in a very strong second - 19 seconds behind first. I was told that they had the best start of their entire lives. They started in third place and then built boat speed throughout the race. The boys were also very thrilled with their finish - as was I. Even though three of the eight boys will be graduating this year, I feel that it is not unrealistic to expect some impressive rowing from next year's varsity boy's team.

In closing, I would like to say that it has been an absolute joy coaching the novice this year. It has been the most fun I have had in a long time. It is hard knowing that not only will I not be coaching these great kids every day, but I won't be able to dedicate as much time to IRC as I would like. So, for the great memories and to all my rowers and their hard-working families, a very heart-felt thank you!!! I will, however, be at practice as much as possible over the next two years during school. See you on the water!!!

College Alumni Wrap-up

This year Indy Rowing alums were rowing at many colleges across the county. Please let us know if we have missed someone. All college students are invited to row this summer, Monday through Thursday at 6PM.

Chris Bates (Purdue 2009)

Anna Beaman (Florida Tech 2008)

Joe Jameson (Hobart College 2007)

Kristin Johnson (University of Pennsylvania 2009)

Colin Ruemmele (Purdue 2009)

Emily Roseman (George Washington University 2009)

RJ Ryan (MIT 2009)

Adam Stoll (St. Joseph's 2008)

Maegan Wareham (University of North Carolina 2008)

The Dad Vail Regatta in Philadelphia May 12 & 13 was like old home week for Indy Rowers. Medals were awarded to Anna Beaman (3rd in Women's Division 2/3 Eights), Chris Bates (2nd in Men's Novice Light Eight) and Adam Stoll (2nd in Men's Light Eight). Colin Ruemmele finished 5th in the Freshman/Novice Eight, over a field of 27, on one of the largest events in the regatta.

The same weekend, found Kristin Johnson (Penn) and Emily Roseman (GW) found themselves side by side in the third final at the EAWRC Sprints. This summer will find them rowing together with Anna and Maegan training for Nationals.

Sophomore Anna Beaman's Florida Tech eight finished fourth in the NCAA Women's Division II Rowing Championships May 20-21 the next weekend at Mercer Lake. This is Anna's second trip to the NCAA's, and we hope she will be there all four years.

Two Indy Rowing alums (RJ Ryan and Adam Stoll) competed at the invitation only Intercollegiate Rowing Association's National Championships in Camden this weekend (June 1-3). RJ advanced to the 3rd level finals was a best ever finish for the MIT Freshman Eight. Adam finished 4th in the Petite Finals of the Lightweight Eight, the first time in memory that St. Joseph's had been invited.